Trauma: The Early Childhood Perspective

June 8, 2016
1 to 3 p.m.
Course Code: T314

Presenters:
Patrick M. McKelvey, MS, LPC, NCC
Psych Specialty Counselor Senior
Program Coordinator, Community and School-Based
Behavioral Health Team at Edgewood Primary
Matilda Theiss Early Childhood Behavioral Health
WPIC Early Childhood Trauma Treatment Center
Western Psychiatric Institute and Clinic of UPMC

Teri Pentz, MS, LPC, NCC
Psych Specialty Counselor Supervisor
IMPACT Mobile Therapy Program
Matilda Theiss Early Childhood Behavioral Health
WPIC Early Childhood Trauma Treatment Center
Western Psychiatric Institute and Clinic of UPMC

Program Description:
Traumatic experiences in early childhood are inherently complex and pervasive, often impacting an individual’s experience over the lifespan. Our youngest community members are highly vulnerable to experiences associated with traumatic stress but typically lack the physical and emotional maturity to manage traumatic stress. This presentation will explore the ways in which traumatic stress occurs in young children; the social, emotional, behavioral and neurophysiological impacts of traumatic stress and ways in which providers and caregivers can assist in developing trauma-informed environments to promote adaptive functioning.

The Matilda Theiss Early Childhood Behavioral Health Programs at the Western Psychiatric Institute and Clinic of UPMC include a therapeutic nursery and preschool, BHRS mobile therapy, a BHRS school and community-based service, and traditional outpatient services. In 2012, Matilda Theiss received a federal grant from the Substance Abuse and Mental Health Services Administration to provide services and support to young children and families who have experienced psychological trauma. From this funding, the Early Childhood Trauma Treatment Center was established, becoming part of the National Child Traumatic Stress Network. The Early Childhood Trauma Treatment Center provides services to children age birth through age eight who have experienced trauma, along with their parents and/or families through the use of evidence-based practices, including Parent-Child Interaction Therapy and Child-Parent Psychotherapy.

Educational Objectives:
At the conclusion of this program, participants should be able to:
- Define the trauma and traumatic stress and how it occurs.
- Identify the factors which influence a child’s stress response to traumatic events and the impacts it has on development.
- Identify strategies in which providers and caregivers can provide trauma-informed support to assist in the development of adaptive functioning.

Target Audience:
This is an introductory program for physicians, psychologists, social workers, nurses, counselors, therapists and other clinicians or educators working in mental health settings, health care facilities, or schools with children and adolescents.

Continuing Education Credits:

<table>
<thead>
<tr>
<th>ACT 48 – 2.0</th>
<th>CADC – 2.0</th>
<th>CME – 2.0</th>
</tr>
</thead>
<tbody>
<tr>
<td>General CEU – 0.2</td>
<td>LSW/LCSW/LPC/LMFT – 2.0</td>
<td>NCC – 2.0</td>
</tr>
<tr>
<td>Psychologist – 2.0</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 2.0 AMA PRA Category 1 Credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity. Other health care professionals are awarded 0.2 continuing education units (CEU's) which are equal to 2.0 contact hours.

Tuition:
This program is free of charge.